



ALLERGENS MENU

1. **GLUTEN:** Appears in our breads, pizzas, burgers, breaded foods and flour based desserts. We do not thicken with flour. May occasionally be the main protein or an element of some dishes.
2. **CRUSTACEANS:** We may use a variety of crustaceans in whole and powder form. Omission or substitution is not a problem.
3. **EGGS:** Are used in entire form in some dishes and may be substituted with ease. They are present in many pastry preparations, ice creams, mayonnaise and hollandaise. Please note, some wines are filtered through egg whites.
4. **FISH:** is the main protein in many dishes. The only option is to avoid these dishes.
5. **PEANUTS:** Are used in the kitchen. Trace elements may occur in everything.
6. **SOYBEAN:** Any deep fried food; soyabean oil is used.
7. **MILK:** and milk products are used in the kitchen in many dishes, some in the preparation stage.
8. **NUTS:** Are used in the kitchen. Trace elements may occur in everything.
9. **CELERY:** Appears in all stocks, therefore soups and sauces, and as a micro herb
10. **MUSTARD:** Is used in the kitchen and in all mayonaise. Trace elements may occur in everything.
11. **SESAME SEEDS:** Are used in the kitchen. Trace elements may occur in everything.
12. **SULPHUR DIOXIDE:** : Sulphur dioxide and sulphites (E220-E228) are generally used for their preservative effects in different foods such as dried fruits and wine.
13. **LUPIN:** N/A
14. **MOLLUSCS:** May be the main protein or an element of some dishes.

Gluten-free bread **[6]** available, please ask your server.

Please inform your waiter of any allergies. The kitchen team and waiting staff are always on hand to discuss substitutions and options available to you.

LITTE EATS

duck fat chips , our own ketchup [6, 9, 10]	4.5
patatas bravas , smoked paprika aioli (v) [3, 6, 10]	5.5
athenry fried chicken wings , beer & spices, piquillo pepper sauce [1, 6, 10]	9.5
squid , garlic, lemon mayonnaise [1, 3, 6, 10, 14]	9.5
mussels , seabee, cider, dilisk, cream [2, 4, 7, 14]	10.5
soup of the day, rye bread (v) [1, 7, 9]	5

SANDWICHES

colleran's ham hock , hegarty's cheddar, onion jam [1, 7, 9, 10]	7.5
sweet potato , garlic mayo, rocket, pickles (v) [1, 3, 7, 10]	8
our own smoked chicken , mustard mayonnaise, gubbeen cheese [1, 3, 7, 9, 10]	8.5
hummus , marinated courgette, fermented cabbage, gremolata (v) [1]	8.5
toonsbridge buffalo mozzarella , organic tomatoes, onion jam (v) [1, 7, 8, 9, 10]	9
steak , mushrooms, mustard mayo [1, 3, 7, 9, 10]	9.5

ADD SMALL CHIPS to your sandwich/salad [6] 2

SALADS

(served with our own rye bread)

goat's curd & beetroot , cherry tomatoes, walnuts (v) [1, 7, 8, 9, 10]	11.5
chicken , toonsbridge, radish, tomato [1, 7, 8, 9, 10]	12.5
sirloin steak , wicklow blue brie, walnut, pickled pear [7, 8, 10]	13.5

BRUNCH

SAT & SUN ONLY

colleran's full irish [1, 3, 7, 9, 10]	9.5
full vegetarian (v) [1, 3]	9.5
steak & eggs , hollandaise sauce [1, 3, 7]	13
poached eggs [1, 3]	9
(bacon/salmon [4]/avocado)	

BURGERS

(with chips & our own ketchup)

chickpea & coriander , waterford blaa, durrus cheese (v) [1, 3, 6, 7, 8, 9, 10]	13
chicken fillet , waterford blaa, diliskus cheese, bacon jam [1, 3, 6, 7, 9, 10]	13.5
pork & chorizo , waterford blaa, killeen cheese [1, 3, 6, 7, 9, 10]	13.5
beef & stout , waterford blaa, smoked gubbeen cheese, bacon, pickled cucumber [1, 3, 6, 7, 9, 10]	13.5

PIZZA

st. tola goats' cheese , our own herb pesto, courgettes, mushrooms (v) [1, 3, 7, 8, 9, 10]	13.5
Gubbeen chorizo , hen's egg & smoked bacon [1, 3, 7, 9]	13.5
hay smoked chicken pizza, piquillo pepper, young buck blue cheese [1, 3, 7, 9]	13.5

BIG EATS

(see our board for daily specials)

buttermilk-breaded chicken fillet , chips, beetroot purée, leaves [1, 3, 6, 7, 9, 10]	14
galway hooker-battered fish , duck fat chips, lemon mayonnaise, leaves [1, 3, 4, 6, 9, 10]	14.5
sirloin steak , beetroot slaw, duck fat chips, shallot crisps, bacon & whiskey sauce [6, 7, 8, 9, 10]	19.5

SWEET EATS

cookies & cream , toffee sauce, blackberries [1, 3, 7]	8
chocolate cake , galway hooker ice-cream, honeycomb, espresso foam [1, 3, 7, 8]	8.5
elderflower custard , hazelnut crumble, berry & biscuit ice-cream, meringue crisp [1, 3, 7, 8]	8.5

